



# Appalachian Ski Mtn.

## Junior Race Training

### 2020-2021



Special alpine race training designed for Intermediate or Advanced skiers, ages 4-18, who desire fun-oriented race training. Sign up for one, two or all three programs. Practice running gates and participate in the High Country Junior Race Series (HCJRS). Visit the Race Team website at: [appskimntnteam.org](http://appskimntnteam.org)

<b>Junior Race Workshop</b> <b>Saturday, December 5th, 2020</b>
<b>Price: \$50*</b> 9:20 A.M. Meet at the "Ski School Meets Here" sign 9:30 - 11:30 Race Training 11:30 - 12:30 Parent Team Meeting *Special grouping for new racers - Specifically designed to give newcomers an opportunity to try racing.

<b>Junior Race Workshop</b> <b>Sunday, December 13th, 2020</b>
<b>Price: \$50*</b> 12:50 P.M. Meet at the "Ski School Meets Here" sign 1:00 - 3:00 Race Training 3:00 - 4:00 Parent Team Meeting *Special grouping for new racers - Specifically designed to give newcomers an opportunity to try racing.

<b>Friday Night 7 Practice Sessions for \$175.00</b>
<b>December 18 / January 1, 8, 22, 29 / February 5, 19</b>
6:05 P.M. Meet at "Ski School Meets Here" Sign 6:15 - 7:45 P.M. Race Training *(Includes Tuesday & Thursday Gate Training from 5:30 - 7:00 P.M.)*

<b>Saturday Morning 7 Practice Sessions for \$175.00</b>
<b>December 19 / January 2, 9, 23, 30 / February 6, 20</b>
9:05 A.M. Meet at "Ski School Meets Here" Sign 9:15 - 10:45 P.M. Race Training *(Includes Tuesday & Thursday Gate Training from 5:30 - 7:00 P.M.)*

**Discounts: Purchase Friday nights and Saturday mornings for \$299**

\* Price does not include slope ticket or equipment rental. \*

\* Check Appskimntnteam.org for gate training schedule \*

Register and pay fees at the French - Swiss Ski College office at Appalachian Ski Mtn. at least one week before your session starts.

**skifrenchswiss@bellsouth.net / 828-295-9311**